

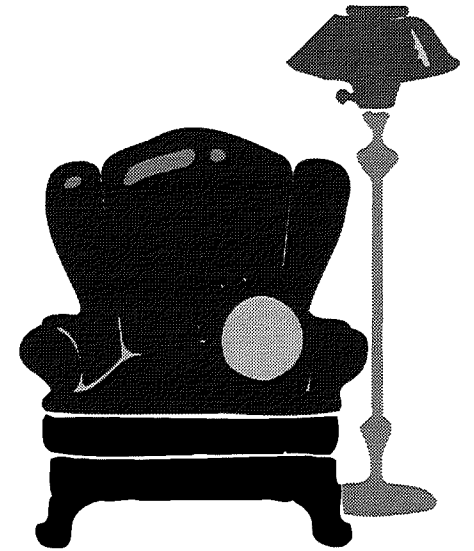
Who Is Sitting in My Chair?

LESSON THREE

Major Life Principle: The Power of Discernment

Part of the power of discernment is explained by the definition itself—the power to make distinctions in the differences between one thing and another. As we exercise discernment in the values we hold and practice, we help build a beacon of values for the next generation.

Desired Outcome: To discern who we really are, and what our core values are.



A. Discerning Who We Are

Discern who is really sitting in your favorite chair—is he/she the one you planned on becoming as you aged?

Discern if your values have changed over the years... For good or ill?

- B. Discern the value of unconditional love in becoming whom you wanted to be, or in helping others—spouse, children, friends—become all they could be.** In most every nation, there are days or monuments set aside to honor those who fought and died for their country. Whether the values of that nation or the particular war were good or not, the soldier gave his life unconditionally. We all owe a debt to the soldiers who fought for our freedom.

Alternate Teaching Idea

Read the text on pages 21-23 of *SYSY* up to the “project” and discuss memories of the war years. What values were strong in those years? (Patriotism, love of family, cooperation...?)

What part did participants play in the cooperative effort of those war years? (Soldier, Rosie the Riveter, rolling bandages for the Red Cross, tending the home fires...)

- Q.** Did someone’s unselfish love help you become what you are today? Have you ever thanked them?
- Q.** How have you helped someone else because of your unconditional, unselfish love? Do you think they have forgotten, or did they ever even realize what you did?